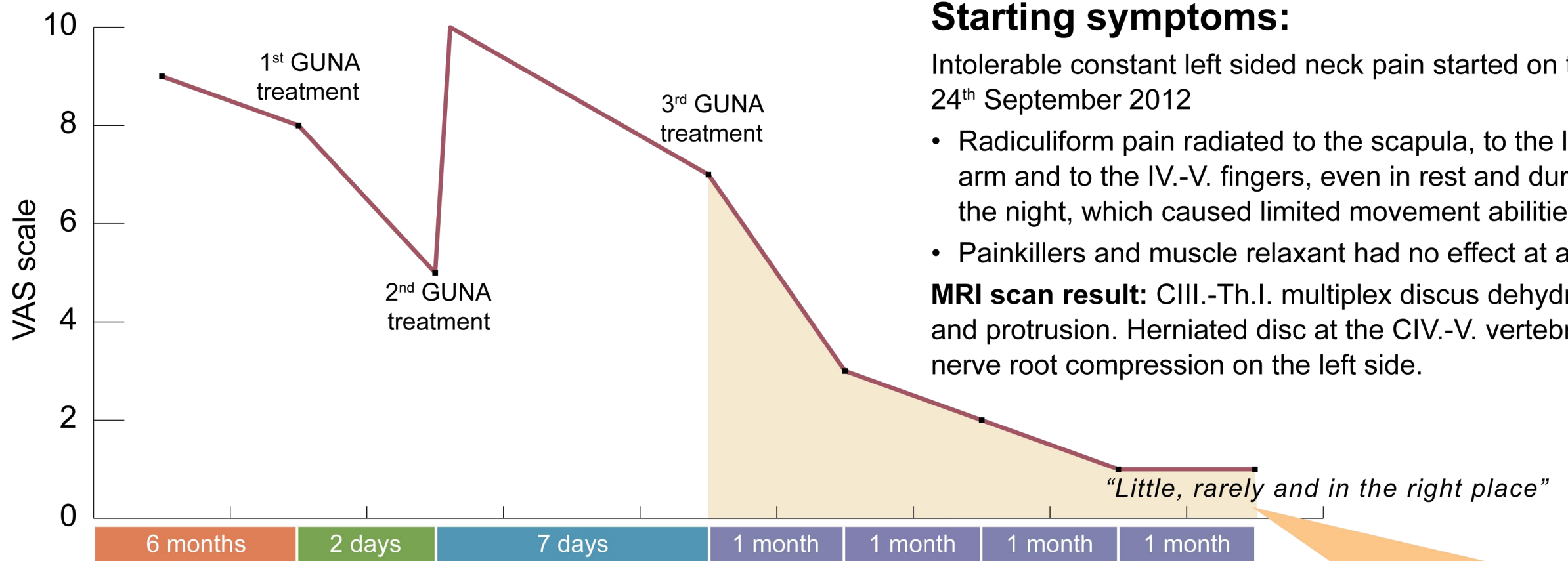


*Like Michel Pistor said "Little, rarely and in the right place"*

# THE SUCCESS OF THE RIGHT DOSE IN THE RIGHT POINTS

The 58 years male patient with NIDDM, hypertension, hypercholesterolemia, hypothyroidism, chronic rhino sinusitis.



## Starting symptoms:

Intolerable constant left sided neck pain started on the 24<sup>th</sup> September 2012

- Radiculiform pain radiated to the scapula, to the left arm and to the IV.-V. fingers, even in rest and during the night, which caused limited movement abilities.
- Painkillers and muscle relaxant had no effect at all.

**MRI scan result:** CIII.-Th.I. multiplex discus dehydration and protrusion. Herniated disc at the CIV.-V. vertebra with nerve root compression on the left side.

9 acupuncture sessions did not help him either (I'm not used to failure in my 30 years of practice!) (Between 1st - 20th October 2012) he tried other techniques with minimal effect. McKenzie exercises increased his pain.

6 months later his status was the same.  
 1st GUNA treatment (5th April 2013) with EXTREM IMPROVEMENT!!! Min 50% of pain gone!!! VAS=5 (Visual Analogue Scale)  
 1-1 amp. **GUNA MD-Neck, MD-Muscle, MD-Neural SC** injected in Trigger  
**and Acupuncture points:** Du-20 (Baihui), Du-14 (Dazhui), UB-10 (Tianzhu), UB-11 (Dazhu), UB-57 (Chengshan), SI-4 (Wangu), SI-9 (Jianzhen), SI-10 (Naoshu), SI-11 (Tianzong), SI-12 (Bingfeng), SI-13 (Quyuan), TE-13 (Nao-hui), TE-14 (Jianliao), TE-15 (Tianliao), Hua Tuo Jia Ji points on the neck, St-40 (Fenglong), GB-34 (Yanglingquan)

2nd GUNA treatment 2 days later, PAIN INCREASED, THE WORST EVER!!! SLIGHT BUT SIGNIFICANT IMPROVEMENT in the next days

3rd GUNA treatment 1 week later, REDUCED DOSE AND POINTS!!!  
 0.5-0.5 ampulla **MD-Neck, MD-Muscle** only in Trigger points. VAS=3

Since than I treat him only if symptoms started to be worse with minimal dose and points.  
 All together the patient is doing well have difficulties only after physical over-load.

*"Little, rarely and in the right place"*

## Conclusion:

Like Michel Pistor said "Little, rarely and in the right place" was the only effective method in a comorbid cervical herniated disc male patient. There was a sudden improvement after the 1<sup>st</sup> GUNA treatment but the pain came back after the 2<sup>nd</sup> one. Taking under consideration of the patient's personality I decided to reduce the dose of the injected ampules into the trigger sensitive points only, which immediately improved his status. Good to keep in mind being gentle can be very profitable sometimes.